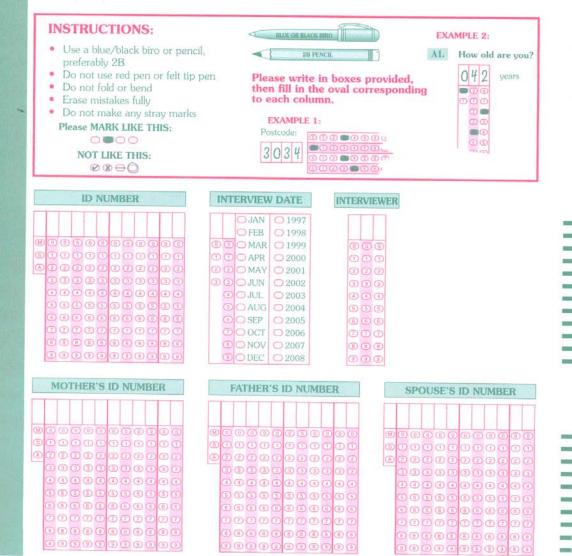
# **Australian Breast Cancer Family Study**

#### PROBAND QUESTIONNAIRE

This study is part of the Co-operative Family Registry for Breast Cancer Research, and is funded by the National Institutes of Health (USA), the Australian National Health and Medical Research Council, the Victorian Health Promotion Foundation and the New South Wales Cancer Council.

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#### A. Background Information The first section asks some questions about your background. How old are you? A3. What was the highest level of education that you completed? years Primary school (some or all) Secondary school - year 7 or year 8 Secondary school - year 9 or year 10 Secondary school - year 11 or year 12 33 Vocational training (e.g. technical college, 10 business college, nursing) University - did not graduate University - graduated O Don't know 10 A4. Are you currently . . .? O Don't know Married A2. Living as married What is your date of birth? Widowed Separated OJAN Never married Divorced FEB O Don't know ◎ ◎ ○ MAR O 18 @ @ 1 1 APR O 19 1 1 A5. In which suburb or town do you usually live? 2 2 O MAY O 20 @ @ 3 O JUL (I) O AUG 3 3 1 O SEP (1) (1) O O OCT Postcode: 1 O NOV (8) 0123456783 O DEC 1 O Don't know day Don't know month Don't know year O Don't know In which country were you, your parents and your grandparents born? Your Your mother's Your mother's father's You mother mother father father mother father Australia New Zealand England Scotland Ireland Germany Netherlands Italy Poland Croatia 0 Greece Malta South Africa India 0 Sri Lanka

0

Vietnam

Philippines China Don't know

Other, specify below O

0

2

-2-

| ○ Don't know   | 0000             | 0000<br>0000<br>0000 |  |                                    |                |                            |                          |
|--|------------------|----------------------|--|------------------------------------|----------------|----------------------------|--------------------------|
| O DON'T KNOW   |                  |                      |  |                                    |                |                            |                          |
| In which religion w  | ere you          | ı, your parer        | nts and your   | grandparent                        | s born?        |                            |                          |
|  | You              | Your<br>mother       | Your<br>mother's<br>mother   | Your<br>mother's<br>father         | Your<br>father | Your<br>father's<br>mother | Your<br>father<br>father |
| Protestant/Anglican  |                  | 0                    | 0  | 0                                  | 0              | 0                          | 0                        |
| Eastern Orthodox   | 0                | 0                    | 0  | 0                                  | 0              | 0                          | 0                        |
| Catholic   | 0                | 0                    | 0  | 0                                  | 0              | 0                          | 0                        |
| Muslim   | 0                | 0                    | 0  | 0                                  | 0              | 0                          | 0                        |
| Buddhist   | 0                | 0                    | 0  | 0                                  | 0              | 0                          | 0                        |
| Hindu  | 0                | 0                    | 0  | 0                                  | 0              | 0                          | 0                        |
| Latter Day Saints/Mormon   |                  | 0                    | 0  | 0                                  | 0              | 0                          | 0                        |
| Seventh day Adventist  |                  | 0                    | 0  | 0                                  | 0              | 0                          | 0                        |
| Sephardic Jewish<br>Ashkenazi Jewish   | 0                | 0                    | 0  | 0                                  | 0              | 0                          | 0                        |
| Other or uncertain Jewish  | 0                | 0                    | 0  | 0                                  | 0              | 0                          | 0                        |
| None   |                  | 0                    | 0  | 0                                  | 0              | 0                          | 0                        |
| Don't know   | 0                | 0                    | 0  | 0                                  | 0              | 0                          | 0                        |
| Other, specify below   |                  | 0                    |  | 0                                  | 0              | 0                          | 0                        |
| other, speeny below  |                  |                      | 0  | 0                                  | 0              | 0                          | 0                        |
| Which religion do v  | ou cur           | rently practic       | re?  |                                    |                |                            |                          |
| Which religion do y Protestant/Anglica Eastern Orthodox Catholic Muslim Buddhist                               | an               | 0.000                | Seventh Day<br>Sephardic Je<br>Ashkenazi Je<br>Other or unc<br>None                                | wish<br>wish                       |                |                            |                          |
| Protestant/Anglica Eastern Orthodox Catholic Muslim Buddhist Hindu   | an               | 00000                | Seventh Day<br>Sephardic Je<br>Ashkenazi Je<br>Other or unc  | wish<br>wish                       |                |                            |                          |
| <ul><li>Protestant/Anglica</li><li>Eastern Orthodox</li><li>Catholic</li><li>Muslim</li><li>Buddhist</li></ul> | an               | 00000                | Seventh Day<br>Sephardic Je<br>Ashkenazi Je<br>Other or unc<br>None                                | wish<br>wish<br>ertain Jewish      |                |                            |                          |
| Protestant/Anglica Eastern Orthodox Catholic Muslim Buddhist Hindu   | Mormo<br>ackgrou | and? (Fill in a      | Seventh Day<br>Sephardic Je<br>Ashkenazi Je<br>Other or unc<br>None<br>Don't know<br>Other, specif | wish<br>wish<br>ertain Jewish<br>y |                |                            |                          |

If you were born in Australia go to question A8.

#### **B. Medical History**

The next section asks questions about any illnesses you may have had.

| B        | cancer, leukaemia or a malignant tumour?  Yes  No (Go to question B5.)  Don't know (Go to question B5.)   | B5. Has a doctor ever told you that you had BENIGN BREAST DISEASE, such as a NON-CANCEROUS CYST or a BREAST LUMP?  Yes (see below)  No Don't know  Age when   first diagnosed:  Don't know |
|----------|---|--|
|          | First cancer  Age OT 23450700 OT 20050700 Don't know  | B6. Has a doctor ever told you that you had CYSTS IN ONE OR BOTH OVARIES?  Yes (see below) No Don't know   |
|          | Second cancer  Age  OTESOSOTES  ODOn't know   | Age when first diagnosed:  Don't know  B7. Has a doctor ever told you that you had DIABETES?   |
|          | Third cancer  Age 0 2 3 4 5 6 7 6 6 0 1 2 2 3 4 5 6 7 6 6 0 1 2 2 3 4 5 6 7 6 6 0 1 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 | Yes (see below) No Don't know  Age when first diagnosed: Don't know  |
| lf<br>qu | breast cancer was not reported, go to uestion B5.   |  |
| В3       | <ul> <li>Which breast was affected?</li> <li>Right</li> <li>Left</li> <li>Both</li> <li>Don't know</li> </ul>   |  |
|          | Have you had a diagnosis of cancer in your other breast?  Yes (see below) No Don't know  Age when OOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOOO  |  |

#### C. Surgery and Mammograms

The next section asks questions about surgery and mammograms.

| C1. | Up until one year before your diagnosis of cancer, had you ever had a breast completely removed?  Yes, the right breast Age when removed Don't know  Yes, the left breast Age when removed Don't know  O 2 3 4 5 7 5 5  Don't know  | C5. | What is your usual bra size?  |   |
|-----|---|-----|---|---|
| C2. | O No O Don't know  Have you ever had a BREAST BIOPSY or   | C7. | When and where did you have your last mammogram?  |   |
|     | LUMPECTOMY that was diagnosed as<br>cancer? By BREAST BIOPSY we mean<br>breast tissue removed by surgery but  |     | © © O MAR O 18 © ©  |   |
|     | excluding fine needle biopsy.  Yes (see below)  No  |     | 9 0 0 MAY 0 20 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0  |   |
|     | O Don't know  Age when  |     | ① O AUG ③ ① O   |   |
|     | st removed: 0183450766  O Don't know  |     | ① ○ OCT   |   |
| C3. | Have you ever had a BREAST BIOPSY for BENIGN BREAST DISEASE, such as a NON-CANCEROUS CYST or a BREAST LUMP? By BREAST BIOPSY we mean breast tissue removed by surgery but excluding fine needle biopsy.   |     | Don't know day Don't know month Don't know year  Clinic:  |   |
|     | Yes (see below) No Don't know   |     | Address:  |   |
|     | Age when 000000000000000000000000000000000000   | C8. | Up to one year before your diagnosis of cancer, how many mammograms did you   |   |
|     | Up until one year before your diagnosis of cancer, had you ever had one or both ovaries removed? If your ovaries were removed at different times, please give your age at the most recent operation.  | Mar | mmograms:  Don't know   |   |
|     | Yes, one ovary Age when removed:  Don't know  | C9. | How many mammograms have you had since one year before your diagnosis of cancer, including any mammograms used to diagnose your cancer? |   |
|     | Yes, both ovaries Age when removed:  On the first of the | Mar | mmograms: 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0   | 1 |
|     | O No O Don't know   |     | <b>.</b> . E  |   |

| The   | e next section asks about your height and  | d weight.  |
|-------|--|--|
| D1.   | How tall are you without shoes on?  feet inches OR cms 0000 000 0000 0000 0000 0000 0000 000   | b3. What was your weight one year before your cancer was diagnosed?  stones pounds OR kilos 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0  |
| D2.   | On't know  What is your current weight?  | D4. What was your weight when you were between 18 and 21 years old?  |
| stone | S pounds OR kilos 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0  | stones pounds OR kilos 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0   |
|       |  |  |
|       | E. Sm  | noking   |
| The   | Has there ever been a time when you smoked at least one cigarette per day for three months or longer?  Yes No (Go to question F1.) Don't know (Go to question F1.) | rettes that you may have smoked.  E4. Up until one year before your diagnosis of cancer, when you smoked REGULARLY how many cigarettes did you smoke in a day?  Cigarettes per day:                                      |
|       | Has there ever been a time when you smoked at least one cigarette per day for three months or longer?  Yes No (Go to question F1.)                                 | rettes that you may have smoked.  E4. Up until one year before your diagnosis of cancer, when you smoked REGULARLY how many cigarettes did you smoke in a day?  Cigarettes per day:  00000000000000000000000000000000000 |

#### F. Alcohol

The next section asks about alcoholic beverages that you may have consumed.

| Have you ever consumed any alcoholic beverages, such as beer, wine or spirits, at least once a week for six months or longer?  Yes  No (Go to question F6.)  Don't know (Go to question F6.) |                               |                                 |  |                 | 13.                        | F3. Up until one year before your diagrof cancer, for how many years in to did you consume alcoholic beverage AT LEAST ONCE A WEEK?  Total years:  Don't know |   |  |                   | total rages |             |
|--|-------------------------------|---------------------------------|--|-----------------|----------------------------|---|---|--|-------------------|-------------|-------------|
| what age did<br>coholic beverage<br>Years: Dor   | @ ① ②                         | EAST O                          | ONCE A   | WEEK?           | F4.                        | of ca<br>AT L<br>O Y<br>O N   | entil one<br>encer, w<br>EAST (<br>'es<br>lo (see b | e year by year by year you on the year by year | efore y           | ming a      | lcohol      |
| until one yea<br>ICE PER WEE<br>STANDARD<br>DRINKS   | K, how                        | Less<br>than<br>once a          | 1-3<br>days<br>per                             | 1<br>day<br>per | 2-4<br>days<br>per         | ring the  | e period  | Don't l  | know              |             |             |
| Light beer   | Never                         | month                           | month  | week            | week                       | week  | day   | day  | day               | day         | knov        |
| Beer   | 0                             | 0                               | 0  | 0               | 0                          | 0   | 0   | 0  | 0                 | 0           | 0           |
| Wine   | 0                             |                                 | 0  | 0               | 0                          | 0   | 0   | 0  | 0                 | 0           | 0           |
|  |                               | 0                               | 0  | 0               | 0                          | 0   | 0   | 0  | 0                 | 0           | 0           |
| Spirits  | u bafaw                       | 0                               | 0  | 0               | 0                          | 0   | 0   | 0  | 0                 | 0           | 0           |
| until one year<br>w much did yo<br>STANDARD  | r before                      | your d                          | liagnosi<br>e)?                                | s of car        | 2-4<br>days                | er the p  | revious<br>1  | 12 mo  | onths, h          | ow ofte     | en and      |
| until one year<br>v much did yo<br>STANDARD<br>DRINKS  | r before<br>ou drink<br>Never | Less<br>than<br>once a<br>month | liagnosi<br>e)?<br>1-3<br>days<br>per<br>month | s of car        | icer, ov                   | er the p  | orevious  | 12 mo  | nths, h           | ow ofte     |             |
| until one year<br>v much did yo<br>STANDARD<br>DRINKS<br>Light beer  | r before<br>ou drink          | Less<br>than<br>once a<br>month | liagnosi<br>e)?                                | s of car        | 2-4<br>days<br>per         | 5-6<br>days<br>per  | orevious<br>1<br>per                                | 2-3<br>per   | 4-5<br>per        | ow ofte     | Don'        |
| until one year w much did yo  STANDARD  DRINKS  Light beer  Beer   | Never                         | Less<br>than<br>once a<br>month | liagnosi<br>e)?                                | 1 day per week  | 2-4<br>days<br>per<br>week | 5-6<br>days<br>per<br>week  | 1<br>per<br>day                                     | 2-3<br>per<br>day  | 4-5<br>per<br>day | ow ofte     | Don<br>know |
| until one year<br>w much did yo<br>STANDARD<br>DRINKS<br>Light beer  | r before<br>ou drink          | Less<br>than<br>once a<br>month | liagnosi<br>e)?                                | 1 day per week  | 2-4<br>days<br>per<br>week | 5-6<br>days<br>per<br>week  | 1 per day   | 2-3 per day  | 4-5<br>per<br>day | ow ofte     | Don's       |

### G. Reproductive History

This section deals with menstruation, pregnancies and the use of contraceptives.

| G1. | Have you ever had a menstrual period?  | G7.   | Have you ever had a full term pregnancy?  |
|-----|--|-------|---|
|     | <ul><li>Yes (See below)</li><li>No</li><li>Don't know</li></ul>  |       | <ul><li>Yes</li><li>No (Go to question H1.)</li><li>Don't know (Go to question H1.)</li></ul>                               |
|     | Age at first On 3 4 5 5 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0  | If ne | ever taken birth control pills  |
|     | Has a doctor ever told you that you had primary amenorrhea (failure of menstrual period to start naturally)?   | go t  | o question H1.  |
|     | Yes (See below) No Don't know  | G8.   | In total, for how many weeks, months<br>or years did you take birth control pills<br>before your first full-term pregnancy? |
|     | when first diagnosed:  One of the body of  |       | O Weeks O Don't know  O Weeks O Months O Years  |
|     | Have you ever used birth control pills or other hormonal contraceptives (implants or injections)?  Yes (See below)  No (Go to question G6.)  Don't know (Go to question G6.)   | G9.   | Was this during one continuous time span?  Yes No Don't know  |
|     | on first used O O O O O O O O O O O O O O O O O O O  |       |   |
| •   | Are you currently taking birth control pills or hormones?  Yes (See below)  No (See below)  Don't know   |       |   |
|     | on last took Ontrol pills: One that took Ontrol pills: One that the took One that took One the took One that took One that took One that took One the took One that took One the took One that took One the took One the took One the took One that took One the to |       |   |
| 3   | In total, for how many weeks, months or<br>years had you taken birth control pills<br>or hormones up until one year before your<br>diagnosis of cancer?  |       |   |
|     | O O O O O O O O O O O O O O O O O O O  |       |   |
| (   | Have you ever been pregnant?  Yes  No (Go to question K1.)  Don't know (Go to question K1.)  |       |   |
|     |  |       |   |

### H. Pregnancy History

This section asks about all the pregnancies you have had, including all livebirths, stillbirths, miscarriages and other outcomes.

| H1.  On what date did your (first/next) pregnancy end?  JAN FEB  MAR MAR MAR MAR MAR MAR MAR MAR MAR MA | H2. What was the outcome of this pregnancy?  Currently pregnant Single live birth Ectopic pregnancy Induced termination Multiple birth Stillbirth Miscarriage Don't know | H3.  Taking 40 weeks as the usual length, how long was this pregnancy?  Weeks  3 0  1 0  3 0  4 0  5 0 | H4.  IF LIVEBIRTH OR STILLBIRTH. What was the sex of the child(ren)?  Number of male(s) ① ① ② ② ④ ③  Number of female(s) ① ① ② ② ④ ⑤ | H5.  IF LIVEBIRTH. Did you breastfeed the child(ren)?  O Yes O No O Don't know | H6.  IF BREASTFED. For how many weeks or months did you breastfeed the child(ren)?   O O Week(s)  O Month(s)  O O  O  O  O  O  O  O  O  O  O  O  O |
|---|--|--|--|--|--|
| OCT OCT OF OCT  | Currently pregnant Single live birth Ectopic pregnancy Induced termination Multiple birth Stillbirth Miscarriage Don't know  | © 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0  | Number of male(s) ① ① ② ③ ① ③  Number of female(s) ⑥ ① ② ③ ④ ⑤  Don't know   | Yes No Don't know  | @ 0  |
| □ JAN □ FEB □ □ □ □ OFEB □ □ □ MAR □ 18 □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □                               | Currently pregnant Single live birth Ectopic pregnancy Induced termination Multiple birth Stillbirth Miscarriage Don't know  | Weeks  0 0  1 1  2 2  3 5  0 0  0 0  0 0  0 0  0 0  0 0  0 0   | Number of male(s) ① ① ② ③ ④ ③  Number of female(s) ② ① ② ③ ④ ③  Don't know   | Yes No Don't know  | Don't know  Don't know  Don't know   |

| H1. On what date did your (first/next) pregnancy end?  | H2. What was the outcome of this pregnancy?   | H3.  Taking 40 weeks as the usual length, how long was this pregnancy? | IF LIVEBIRTH OR STILLBIRTH. What was the sex of the child(ren)?                | H5.  IF LIVEBIRTH. Did you breastfeed the child(ren)? | H6.  IF BREASTFED.  For how many weeks or months did you breastfeed the child(ren)? |
|--|---|--|--|---|---|
| OJAN   | Currently pregnant Single live birth Ectopic pregnancy Induced termination Multiple birth Stillbirth Miscarriage Don't know | Weeks  | Number of male(s)  ① ① ② ② ④ ③  Number of female(s)  ① ① ② ③ ④ ⑤  Don't know   | ○ Yes<br>○ No<br>○ Don't know                         | 0 0 Week(s, 1 0 Month(s) 2 2 3 3 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4                    |
| OJAN   | Currently pregnant Single live birth Ectopic pregnancy Induced termination Multiple birth Stillbirth Miscarriage Don't know | Weeks  | Number of male(s)  ① ① ② ③ ④ ⑤  Number of female(s)  ① ① ② ③ ④ ⑤  O Don't know | Yes No Don't know                                     | 0 0 Week(s 1 1 Month(s 2 2 3 3 4 4 5 6 6 6 7 7 6 6 7 0 Don't know                   |
| JAN FEB O O MAR 18 0 0 TO APR 19 TO TO APR 20 2 0 TO JUL TO AJUL TO AJUL TO SEP TO OCT TO NOV TO DEC TO Don't know day Don't know year | Currently pregnant Single live birth Ectopic pregnancy Induced termination Multiple birth Stillbirth Miscarriage Don't know | Weeks  0 0  1 0  2 0  0 0  0 0  0 0  0 0  0 0                          | Number of male(s)  ① ② ③ ④ ③  Number of female(s)  ① ① ② ③ ④ ③  Don't know     | ○ Yes<br>○ No<br>○ Don't know                         | O O Week(s O Month(s O O O O O O O O O O O O O O O O O O O                          |
| JAN FEB O MAR 18 0 0 T APR 19 T T O APR 19 T T O AVI O JUL O AUG O SEP O OCT O NOV DEC O Don't know day Don't know wyear               | Currently pregnant Single live birth Ectopic pregnancy Induced termination Multiple birth Stillbirth Miscarriage Don't know | Weeks  0 0  1 0  2 0  3 0  4 0  6 0  7 0  8 0  9 0  Don't know         | Number of male(s)  1 2 3 4 5  Number of female(s)  1 2 3 4 5  Don't know       | O Yes No Don't know                                   | 0 0 Week(s) 0 0 Month(s) 3 0 4 0 5 0 6 0 7 7 8 1 9 0                                |
| O Don't know year  |   | O Don't know   |  |   | O Don't know  |

| H1. On what date did your (first/next) pregnancy end?  | H2. What was the outcome of this pregnancy?   | H3.  Taking 40 weeks as the usual length, how long was this pregnancy? | H4.  IF LIVEBIRTH OR STILLBIRTH. What was the sex of the child(ren)?         | H5.  IF LIVEBIRTH.  Did you  breastfeed the child(ren)? | H6. IF BREASTFED. For how many weeks or months did you breastfeed the child(ren)?  |   |
|--|---|--|--|---|--|---|
| OJAN OFEB  O OMAR 18 0 0 OMAR 19 0 0 OMAR 20 22 OMAY 20 22 OJUN 3 3 OJUN 3 3 OJUN 3 3 OJUN 3 0 OSEP 0 0 ONOV 0 0 ODEC 0 0 ODOn't know day ODon't know month Odon't know year | Currently pregnant Single live birth Ectopic pregnancy Induced termination Multiple birth Stillbirth Miscarriage Don't know   | Weeks  0 0  1 0  2 0  3 0  6 0  7 0  6 0  0 0  Don't know              | Number of male(s)  ① ① ② ① ① ③  Number of female(s)  ① ① ② ③ ② ②             | O Yes No Don't know                                     | © O Week(s) O O Month(s) O O O O O O O O O O O O O O O O O O O                     |   |
| OJAN OFEB  O O MAR 18 0 0 O APR 19 0 0 O JUL 0 0 O SEP 0 0 O NOV 0 0 O DEC 0 0 O Don't know wear   | Currently pregnant Single live birth Ectopic pregnancy Induced termination Multiple birth Stillbirth Miscarriage Don't know   | Weeks  | Number of male(s)  ① ① ② ② ② ③  Number of female(s)  ① ① ② ③ ④ ③  Don't know | Yes No Don't know                                       | (a) (b) (c) Week(s) (c) (d) (d) (d) (d) (d) (e) (e) (e) (e) (e) (e) (e) (e) (e) (e |   |
| Pregnancies:   | GNANCIES have you   | <b>3 9</b>   | child was born<br>Years<br>of age:   | n?  | ur LAST (live)   | Ξ |
| H8. How many LIVE  | BIRTHS have you have | <b>a a</b>   |  | breastfeed a c<br>e?                                    | child for one  | Ξ |
| child was born?  Years of age:   | ou when your FIRST  O 1 2 3 4 3 6 7  O 1 2 3 4 3 6 7  I't know  | <b>③ ①</b>   |  |   |  | Ξ |
|  |   | -11-   |  |   |  | - |

## J. Menopause and Hormone Replacement Therapy

The next section asks questions about menopause and hormone replacement therapy.

|   | J1. | How long ago was your last period?   | J6.  | Were you still having periods when you first took oestrogens, progesterone or  |
|---|-----|--|------|--|
|   |     | © Weeks  © 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0   |      | other female hormones?  Yes No   |
|   |     | <ul><li>Never had a period (Go to question J5.)</li><li>Don't know</li></ul>   |      | O Don't know   |
|   | J2. | Have your menstrual periods stopped for ONE YEAR OR MORE? Please do not include times when your period stopped when you were pregnant, breast feeding or due to serious illness (eg. anorexia) or strenuous exercise.  Yes (See below) No (Go to question J5.) |      | Are you currently taking oestrogens, progesterone or other female hormones?  Yes No (See below) Don't know  ge when last ok hormones: Don't know   |
|   | per | Age when 000000000000000000000000000000000000  | J8   | Up until one year before your diagnosis of cancer, in total for how many weeks, months or years did you take oestrogens, progesterone or other female hormones?  |
| _ | J3. | Why did your menstrual periods stop?  Natural menopause (that is, periods stopped by themselves) (Go to question J5.) Surgery or other medical treatment   |      | Weeks  One of the control of the con |
|   |     | O Don't know (Go to question J5.)  | J9.  | Have you ever taken a drug for infertility (that is, to try to become pregnant) or because your periods stopped?   |
|   | J4. | What surgery or other medical treatment did you receive that made your periods stop? (Fill in as many as apply)  |      | <ul> <li>Yes (See below.)</li> <li>No (Go to question J13.)</li> <li>Don't know (Go to question J13.)</li> </ul>   |
|   |     | <ul> <li>Hysterectomy (uterus or womb removed)</li> <li>Both ovaries removed</li> <li>Radiation or chemotherapy</li> <li>Don't know</li> <li>Other (specify)</li> </ul>  | į    | Age when first started this drug:  One of the body started this drug:  Don't know  |
| - | J5. | Have you ever taken oestrogens, progesterone or other female hormones for menopause? The preparation may be pills, injections, skin patches, vaginal creams or vaginal suppositories. This question does not include oral contraceptive (birth control) pills. | J10. | Was the drug prescribed for infertility as part of GIFT (gamete intra-fallopian transfer) or IVF (in vitro fertilisation) treatment?  Yes No Don't know  |
|   |     | <ul> <li>Yes (See below)</li> <li>No (Go to question J9.)</li> <li>Don't know (Go to question J9.)</li> </ul>  | J11. | Up until one year before your diagnosis of cancer, in total for how many weeks, months or years did you take this type of drug?  |
|   |     | when first 0 2 3 4 3 6 7 6 6 hormones: ODon't know   |      | © 123486789  |
|   |     |  |      |  |

| J12. What is (are) the name(s) of Clomid O Pergonal O Serophene O hCG O Don't know O Other (specify)  | of the drug(s)? J15                            | Up until one year before your diagnosis of cancer, in total for how many weeks, months or years have you taken Tamoxifen?  Weeks  OTEMOREM ON THE OTEMOREM OF |   |
|---|--|---|---|
| J13. Have you ever taken Tamo  Yes (See below.)  No (Go to question J16.)  Don't know (Go to question |  | <ul> <li>Up until one year before your diagnosis of cancer, had you ever been a participant in a cancer prevention trial?</li> <li>Yes</li> <li>No (Go to question K1.)</li> <li>Don't know (Go to question K1.)</li> </ul>   |   |
| Tamoxifen: Don't know  J14. Are you currently taking Ta   |  | Was the cancer prevention trial?  A Tamoxifen trial A dietary trial Other (specify)   |   |
|   | ng the drug.)                                  | O Don't know  |   |
| This section asks about x-ray   | K. Radiation Ex                                |   |   |
| K1. Up until one year before you of X-ray examinations that   | included the chest area?                       | ad you ever had any of the following types  |   |
| <ul> <li>X-rays for heart<br/>catheterization</li> </ul>  | Number of x-ray examinat  0000000  Don't know  | 0000 00000 -  |   |
| <ul> <li>X-rays for scoliosis</li> </ul>  | Number of x-ray examinat  999999  O Don't know | 0000 000000000  | = |
| Other intensive X-rays of the chest area (specify):   | Number of x-ray examinat                       | 0000 0000000  | - |
| O None O Don't know   | 13-  |   |   |

|     | of X-ray examinations that i   | ur diagnosis of cancer, had you ever<br>ncluded the lower abdomen or pelv<br>Number of x-ray examinations:   | is?  Age at first x-ray examination:  |
|-----|--|--|---|
|     | <ul> <li>Barium examination<br/>of lower bowel</li> </ul>              | 0023436760<br>0023436760<br>ODon't know  | 0 0 2 3 4 5 6 7 6 7 0 7 2 0 4 5 6 7 6 7 0 7 2 0 4 5 6 7 6 7 0 7 0 7 0 7 0 7 0 7 0 7 0 7 0 7 |
|     | <ul> <li>CT scan or X-rays of the<br/>lower spine or pelvis</li> </ul> | Number of x-ray examinations:  O Don't know  | Age at first x-ray examination:  00000000000000000000000000000000000                        |
|     | Other intensive X-rays<br>of the lower abdomen<br>or pelvis (specify): | Number of x-ray examinations:  0 0 2 3 4 5 6 7 5 6  0 1 2 3 4 5 6 7 5 6  Don't know  | Age at first x-ray examination:  0 1 2 3 4 3 6 7 6 6  0 12 3 4 5 6 7 6 6  Don't know        |
|     | O None O Don't know  |  |   |
| K3. | Up until one year before you that included the chest area              | or diagnosis of cancer, had you ever<br>for any of the following conditions  | been TREATED with radiation   |
|     | <ul> <li>Tuberculosis</li> </ul>                                       | Number of treatments:  00000000000000000000000000000000000   | Age at first treatment:  00000000000000000000000000000000000                                |
|     | Cancer   | Number of treatments:  0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0   | Age at first treatment:  00000000000000000000000000000000000                                |
|     | ○ Acne   | Number of treatments:  0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0   | Age at first treatment:   |
|     | <ul><li>Mastitis</li></ul>   | Number of treatments:    Image: Street of the street of th | Age at first treatment:   |
|     | <ul> <li>Enlarged thymus gland</li> </ul>                              | Number of treatments:  0 1 3 3 4 5 6 7 6 0  0 1 2 3 4 5 6 7 6 0  Don't know  | Age at first treatment:  0 1 2 3 4 5 6 7 8 2  O Don't know                                  |
|     | <ul> <li>Hemangioma</li> </ul>   | Number of treatments:  0 0 2 3 4 3 6 7 6 9  0 1 2 3 4 5 6 7 6 9  O Don't know  | Age at first treatment:  0 0 3 4 3 6 7 6 0  0 0 2 4 5 6 7 6 0  Don't know                   |
|     | Other intensive X-rays of the chest areas                              | Number of treatments:  0 1 2 3 4 5 6 7 6 9  0 1 2 3 4 5 7 6 9  Don't know  | Age at first treatment:  00000000000000000000000000000000000                                |
|     | (specify):   | - Don't mov  | - Don't Milow   |

| K4. | Up until one year before yo that included the lower abd   | our diagnosis of cancer, had you ever<br>lomen or pelvis for any of the follow   | been TREATED with radiation ing conditions?                                     |   |
|-----|---|--|---|---|
|     | <ul><li>Cancer</li></ul>                                  | Number of treatments:  00000000000000000000000000000000000   | Age at first treatment:  ① ① ② ③ ② ③ ② ⑤ ⑦ ⑤ ⑤  ① ① ② ③ ④ ⑤ ⑦ ⑥ ⑤  ② Don't know | Ξ |
|     | <ul> <li>Bleeding from the<br/>uterus or womb</li> </ul>  | Number of treatments:  O O O O O O O O O O O O O O O O O O O   | Age at first treatment:  00000000000000000000000000000000000                    | Ξ |
|     | <ul> <li>Growth on the uterus<br/>or womb</li> </ul>      | Number of treatments:  9 9 2 4 5 6 7 8 9  0 12 3 4 5 6 7 8 9  Don't know   | Age at first treatment:  O O O O O O O O O O O O O O O O O O O                  | Ξ |
|     | Other (specify):  | Number of treatments:  00000000000000000000000000000000000   | Age at first treatment:  O O O O O O O O O O O O O O O O O O O                  | Ξ |
| K5. | O No  | er research studies of familial cancer,  | 978   | = |
|     |   |  |   |   |
|     |   |  |   | - |
|     | L. T  | win and Other Quest  | ions  |   |
| L1. | Are you a twin?  Yes  No (Go to question L4.)  Don't know |  |   | Ξ |
| L2. | on the other hand, look so in stature, colouring, feature | nore alike than ordinary brothers and<br>much alike (that is, they have such a<br>es of the face, etc.) that people often<br>hood. Do you think that you and you | strong resemblance to each other<br>mistake one for the other,                  |   |
|     | Yes No Don't know   |  |   | Ξ |
| L3. | May we pass your name to to Yes No                        | he Australian NHMRC Twin Registry?   |   | = |
|     |   | 45-  |   | - |

The following are questions about your physical activity at various times in your life. To answer these questions, please estimate the average amount of TIME EACH WEEK and the average number of MONTHS EACH YEAR that you spent in these activities.

L4. How often did you participate in STRENUOUS exercise activities or sports (for example, hockey, swimming laps, squash, gymnastics, jogging, basketball, netball, aerobics or cycling on hills)?

| AGES            |    | Average hours/week |     |     |          |     |        |      |     | Average months/year |     |     |       | Don't |
|-----------------|----|--------------------|-----|-----|----------|-----|--------|------|-----|---------------------|-----|-----|-------|-------|
|                 | 0  | 0.5                | 1   | 1.5 | 2        | 3   | 4-6    | 7-10 | ≥11 | 1-3                 | 4-6 | 7-9 | 10-12 | know  |
| between 12 & 17 |    | 0                  | (0) |     |          |     |        |      | 13  | 0                   | 0   | -0  | 40.10 |       |
| between 18 & 24 | 0  | 0                  | 0   | O   | Ŏ        | O   | 0      | ŏ    | ŏ   |                     | 8   |     | 0     | 0     |
| between 25 & 34 | 0  | 0                  | Ŏ   | 0   | 0        | 0   | 1000   | 0    | 0   | 8                   | 0   | -8  | 0     | 9     |
| between 35 & 44 | 0  | 0                  | 0   | 0   | 0        | 0   | 0      | ŏ.   | 0   | 8                   | 8   | 0   |       | 0     |
| between 45 & 54 | O  | 0                  | ŏ   | 10  | 0        | - C |        | 8    | 0   | 0                   | 0   | 2   | 0     | 0     |
| 55 & over       | 0  | 0                  | 0   | Ö   |          | 5   | TO THE | H    | 0   |                     | 9   | 0   | 0     | _ 0   |
| Past 3 years*   | 10 | ŏ                  | Ŏ   | ŏ   | RI TVIII | 3   | i A    |      | 8   | 9                   |     | _0  | 0     | 0     |

<sup>\*</sup> If you have been diagnosed with cancer in the past three years, please answer the question for the three years prior to the cancer diagnosis.

L5. How often did you participate in MODERATE exercise activities or sports (for example, brisk walking, golf, cycling on level streets or recreational tennis)?

| AGES            | Average hours/week |      |   |       |   |   |     |      |     | Average months/year |         |     |       | Don't |
|-----------------|--------------------|------|---|-------|---|---|-----|------|-----|---------------------|---------|-----|-------|-------|
| 71020           | 0                  | 0.5  | 1 | 1.5   | 2 | 3 | 4-6 | 7-10 | >11 | 1-3                 | 4-6     | 7-9 | 10-12 | know  |
| between 12 & 17 |                    | (0)- |   | 2000  |   | 0 | 0   | (8)  | 0   | 0                   |         | 0   | 1012  |       |
| between 18 & 24 | 0                  | 0    | 0 | 0     | 0 | 0 | 0   | 8    | ŏ   | 0                   | 8       |     | 0     | 0     |
| between 25 & 34 | 10                 | 0    |   |       |   | 0 |     |      | -   | ~                   | Table 1 |     | 0     | 0     |
| between 35 & 44 | 0                  | 0    | O | 0     | 0 | 0 | 0   |      | 5   |                     |         |     | 0     |       |
| between 45 & 54 | 10                 | UC Y |   | 1500  |   | 8 | 0   | 0    |     | 0                   | 0       | 0   | 0     | 0     |
| 55 & over       |                    | 8    |   | III S |   | 0 |     | 8    | 0   | 0                   |         |     |       |       |
| Past 3 years*   |                    |      |   |       |   | - | 0   | 0    | 0   | 0                   |         | 0   |       | 0     |

<sup>\*</sup> If you have been diagnosed with cancer in the past three years, please answer the question for the three years prior to the cancer diagnosis.

Thank you for your co-operation.

We may wish to get in touch with you again sometime in the future.

| M. Off   | fice Use Only   |
|--|---|
| How was this interview conducted?  Face-to-face  Mailed self-completed questionnaire  Telephone  Other (specify) | Was the interview conducted with an interpreter?  Yes No Interview Length (min) |
|  | 0023036760<br>0023036760  |